

# CRAFT-D-2 IP

## RELATIONSHIP HAPPINESS SCALE

FOR OFFICE USE ONLY

\_\_\_\_\_ Study

\_\_\_\_\_ ID

\_\_\_\_\_ Point

\_\_\_\_\_ Date

\_\_\_\_\_ Raid

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This scale is intended to estimate your current happiness with your relationship in each of the areas listed below. Ask yourself the following question as you rate each area:

**If my loved one continues to act the way she or he has been acting in the last 30 days, how happy am I with them in each of the following areas?**

Then circle the number that applies.

Numbers toward the left indicate various degrees of unhappiness, while numbers toward the right reflect various degrees of happiness. A one, 1, is completely unhappy and a ten, 10, would mean you are completely happy with that area.

**Remember**, you are indicating your current happiness, that is how you have felt in the last 30 days. Try not to let your feelings in one area influence your ratings in another area.

	Completely Unhappy					Completely Happy				
	1	2	3	4	5	6	7	8	9	10
Household Responsibilities	1	2	3	4	5	6	7	8	9	10
Social Activities	1	2	3	4	5	6	7	8	9	10
Money Management	1	2	3	4	5	6	7	8	9	10
Communication	1	2	3	4	5	6	7	8	9	10
Affection	1	2	3	4	5	6	7	8	9	10
Job or School	1	2	3	4	5	6	7	8	9	10
Emotional Support	1	2	3	4	5	6	7	8	9	10
Independence	1	2	3	4	5	6	7	8	9	10
General Happiness	1	2	3	4	5	6	7	8	9	10

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_